3:15-3:25 Play Catch

* Kale lead throw routine

3:25-3:35 Corner Drill- emphasis on footwork

3:35-4:15 4 Stations (10 min each)

Catchers

1. Ethan S
2. Kale
3. Oliver
4. Eathan A

* Pitching station (Robbie) w/ a kid catcher
  + P- Kale, Zavier, Anthony, Oliver
  + C- Ethan S
  + Review Up, down, out
  + Make an L. Keep front shoulder closed
* Hitting (Jesse)
  + Landon H, Ryder, Mason A, Wyatt L
  + Front toss- 10 swings/rotate
  + Tee into/sock
  + 1-2 shaggers
* Infield (Dallas)
  + Caleb, Bradley, Sawyer, Aaron
  + Grounders from 2B/SS make throw to 1st
  + Emphasis, knees bent “baseball ready”, moving forward as ball is hit, glove on the ground, alligator hands.
* Outfield (Matt)
  + Eathan A, Jeremiah, Aleks, Landon Z
  + OF- 1st step back. Get under the ball and moving forward on catch.
  + Back to coach-catch on the run
  + Fly balls

4:15-4:35 PFP & Relay to 3BDrill (In OF)

* P, 1B, 2B (PFP) CF, SS, 3B (relay)
* Rotate after 10 min

4:35-4:50 1st/3rd Situations (signs)

* C, P, 1B, 2B, SS, 3B (runners)

4:50-5:00 Baserunning

* 1B (Step on R front corner) Turn to the R, pick up ball
* Round 1B. Start round 2/3 of the way to 1B/ Touch inside corner
* 2B Same as round 1B

5:00-5:15 Lead-offs at 1B (coach pitching)